

www.stoneclinic.com

415-563-3110

25 Reasons Why You'll Get Better Results With The Stone Clinic

You haven't done your research unless you've spoken to us.

- **1. You'll get the most advanced treatment:** We've spent 25 years pioneering and refining biologic orthopedic treatments. <u>Dr. Stone</u> holds around 50 U.S. patents on novel inventions to improve healthcare.
- **2. You'll benefit from biologics** Our <u>biologic</u> surgical techniques work with your own tissues to deliver the best results. We replace worn out tissues with new natural ones, giving your injured joint a chance to perform like new.
- **3.** You'll preserve your joints: We want to preserve the natural biology of your joint whenever possible. We repair and regenerate rather than replace with metals and plastics.
- **4. You'll get the best outcome:** We keep long-term track of our patients. Our outcome studies show that over a decade later, even patients with arthritis benefit from cartilage replacement and that our higher level athletes can return to sports after meniscus replacement.
- **5. You're guaranteed an elite surgical team:** Dr. Stone is assisted in surgery by his nurse practitioner, <u>Ann Walgenbach</u>. They have operated together for over 20 years. Working alongside them is a skilled anesthesia team leader who has joined them in over 4000 cases. This is your surgical team. You will not be operated on by anybody else.

- **6. You'll gain from our experience with pro athletes:** We learn a lot from the pros and we've worked with countless athletes from many sports. Dr. Stone has served as physician for various sports bodies including the US Ski-team and the United States Olympic Training Center.
- **7.** You can DO something NOW: You don't have to live with your pain and wait until it's time for a joint replacement.
- **8.** You'll continue the activities you love: Many patients treated by us, including high-level athletes, are back to their pre-injury level of sport. You can be too. You don't have to settle with alternatives or compromise your activities.
- **9. You'll be you. Only Better:** We don't settle for just getting you back on your feet. Our goal for you is to get you back fitter, faster and stronger than you were before you got hurt.
- **10. Your insurance will typically pick up the cost:** We'll help you figure this out. Most of our patients have at least a portion of their care covered by <u>insurance</u>.
- **11. You can hear from past patients:** Our <u>patients</u> are always keen to talk about their experience with us. We have dozens of recordings online for you to watch.
- **12. You'll avoid arthritis:** Injury related <u>osteoarthritis</u> is not something you have to grin and bear. It is a fixable condition. Our tissue-engineering procedures treat cartilage damage and correct the cause of arthritic wear.
- **13. You'll become a smarter athlete:** Your injury is an opportunity to learn about the mechanics of your body, optimize your nutrition, build your strength and work on your mental attitude so you're less likely to repeat the mistakes that may have led to your injury.
- **14. You'll be seen as a whole person:** You're more than just an "injury" to us. We take a holistic approach to healing joints including onsite physiotherapy and mind, body, spirit advice.
- **15. You'll be listened to: Talk to us.** What you notice about your body helps us. Your concerns are something we can address.
- **16. You'll never be in the dark:** We always take the time to explain things carefully, without jargon and without patronizing.

- **17. You'll have a one-stop shop** No more bouncing from place to place. We're set up to handle every step of your care from diagnosis, to outpatient surgery (if you need it) to onsite physiotherapy.
- **18. You'll get instant imaging:** Your MRI and digital diagnostic x-ray images are taken onsite and available immediately, reducing the delay between examination and diagnosis.
- **19. You'll benefit from our passion:** We're a group of professionals with a shared philosophy. You'll find that each one of us brings something unique to your treatment but with a common thread: our passion for our biologic field and our dedication to our patients.
- **20. You'll receive joined-up care** As a team, we'll carefully co-ordinate your comprehensive treatment program and we'll tailor it to fit your lifestyle and activity goals.
- **21. You'll have world-class physical therapy:** We believe in the benefits of <u>physical therapy</u> and offer extensive manual therapy and soft-tissue mobilization. Our onsite physical therapists work with the surgical team to provide a holistic view of an injury.
- **22.** You'll learn to see yourself as an athlete in training, not a patient in rehab: We encourage everyone we treat to see themselves this way and to truly dedicate to the process of recovery the way a professional athlete would if they were injured.
- 23. You'll share responsibility for your recovery: Naturally, you expect a lot from us but we expect a lot from you too. Strike a bargain with us; we'll give our best effort surgically including all the post surgery advice and physical therapy resources and you dedicate yourself to making all those tools work well so that you can achieve your goals.
- **24.** You can come to work out in our gym: If you're local, we expect to see you here.
- **25. You can drink your fill of Joint Juice:** While here at the Clinic, feel free to grab a joint juice or two, loaded with <u>glucosamine</u> and chondroitin, supplements that are great for joints.